## More Than You Can Handle

## **Small Group Suggested Format**

## For Use With Chapters 1-11

Mingle/Eat Time (optional)

Praise Music/Worship

Prayer

Review Previous Week's Topics and Pursue Any Follow Up Challenges

Video Presentation for Each Chapter (Found on MoreThanYouCanHandle.com)

Current Week's Chapter Summary (by leader or participants)

Group Examination Questions of the Week (at end of each chapter)

Treatment Section (Not all questions have to be used)

Additional weekly optional questions:

What did you learn about God here?

What did you "unlearn" about God here?

Rehab Section (at end of each chapter)

Challenges/Question from group not covered

[After Chapter 2-11: Always stress the importance of working on increasing a "Pause, Examine Your Motive, Ask" lifestyle]

Prayer Request Cards (filled out by participants and given to leaders)

**Ending Prayer**