

# MORE THAN YOU CAN HANDLE

## OVERVIEW LEADERS GUIDE

### GOAL:

Unlearn habits, beliefs and lifestyles that stand in the way of a moment-by-moment experience with God in the life we live.

### FLOW OF THE BOOK:

**BEGINNING**-Designed to remind readers of the all-powerful God that made and controls all existence/the universe.

**MIDDLE**-Designed to develop tools for moving through this hard life.

**CLOSING**-Looks at addressing and embracing life challenges in God directed ways verses the world's methods.

### LEADER ENCOURAGEMENTS:

1. Pray, Pray, Pray
2. Expect some resistance and puzzlement from participants. My first review on line by a reader said: "I absolutely did not enjoy this book and it made me upset."
3. Pause, Examine Your Motives, Ask for God's wisdom.
4. Expect God to show up and free people from the spiritual prisons they are in.
5. Encourage participants to read the chapter before the meeting time.
6. If possible, open group times with a worship song.
7. After worship, review the previous week's topics and pursue any follow up challenges last week's topic caused.
8. Play video episode for current week's chapter. These can be found on [MoreThanYouCanHandle.com](http://MoreThanYouCanHandle.com).
9. The leader or group participants summarize the current week's material.
10. Move through the "Discharge Plan" at the end of the chapter.
11. End by gathering prayer request from group members.